



Ziraat website: <https://inayatiyziraat.org/>

Cultivating Ziraat Schedule: <https://inayatiyziraat.org/event-announcements/>

Note: There will be different zoom links each week.

Please register by email with Ata to receive notes & recordings: ata@towardtheone.com

Session 1 - Introduction and Overview of Ziraat

25 May 2024 – presenters Wali Via and Aziza Barker-Stanton

[Link to Zoom Recording:](#) Passcode: SB9.0#J+

Welcome & General Introduction Birdsong music: <https://orangefreesounds.com/bird-song/>

Pathways into Ziraat – Aziza & Wali (~7:30)

Ziraat Lodge - Opening & Salutations Ritual (~14:30)

O, all-productive Earth, we humbly offer our homage to Thee.

O, all-purifying Water, we willingly offer our homage to Thee.

O, all-consuming Fire, we wholeheartedly offer our homage to Thee.

O, all-pervading Air, we gladly offer our homage to Thee.

O, Ether, essence of all, we passively offer our homage to Thee.

[Link to pdf sheet with words and hand placements](#)

Nature Meditation – booklet of Nature phrases to place on breath – by Hazrat Inayat Khan

Inhale: *Unfold Thy secret through Nature*

Exhale: *and reveal Thy mystery through my heart*

This meditation points to important teaching ...if we wish nature's secrets to be revealed to us, it will not come solely through intellectual understanding but rather through opening our hearts to connect on a deeper level.

What Ziraat Is (~20:30)

Ziraat was founded by Murshid toward the end of his life. He did not have the opportunity to develop the Activity further. Murshida Sophia Green influenced the form that Ziraat took and continued Ziraat work. Pir Vilayat & Pir Zia – have added further dimensions, enriching Ziraat by bringing an ecological and nature attunement focus to the Activity.

Three primary facets of Ziraat:

- 1) Using Agriculture and Nature symbolically to help guide us in developing the capacity of our hearts to open to the realization of the divinity inherent in all of creation
... aligns to Inayatiyya Inner School and falls within the tradition of ancient mystery schools.
... aspect brought by Murshid
- 2) Developing an attunement to the seen and unseen aspects of Nature ([3rd Sufi thought](#))
... serves as a teacher and sensitivity to life in all its forms
- 3) Addressing the condition of our planet ... has both practical & metaphysical dimensions
We can help usher in a new Epoch through our prayers and actions.

Ziraat Lesson: Doing our own Work

What we can do is to sow fresh seeds and nourish them until they are quickened. But the reaping thereof will be for other hands.

To a little band of Sowers has been given a handful of living grain. Faithfully, it must be sown, surely, it will be reaped; and the harvest shall be for the sustenance of all who are hungering for the "Bread of Life".

Address of Great Farmer

I should like to speak a few words upon the need of cultivation of our souls, our hearts and of our minds.

In order to realize for itself that Divine Element, it [the Soul] has a task waiting even after being [becoming] human, and it is the manner in which that task is accomplished and the object gained which is called Ziraat,

.. in which we all unite to offer our homage to the Sovereign of the Farm.

Questions / Comments (~27:00)

Lodge / Meeting: ... sharing is an important part of the "Informal" Lodge

– finding our hearts ... opening each other's hearts and minds to new ways of being together

Next week – Mumtaz will talk more about the Lodge – both Formal and Informal

Teachings on Nature – Vol XI Philosophy, Psychology & Mysticism (~37:40)

(Text is available on Wahiduddin.net: [Vol XI Part III Mysticism Chap VII NATURE](#))

- *Nature is the soul's nourishment.*
- *To a mystic the word nature has a wider point of view* – four aspects
 - nature / natural features -- (as characters to be read by those able to read)
 - manifesting through the lower creation
 - the human divine nature - continual change
 - seeing the divine nature – the work of the One in life

Emerald Contemplations #1 -- Sense the presence of nature in each breath.

We are not separate from nature – *la ilaha illallah*. The essence of Murshids teaching – is unity

Lodge - closing ritual (~47:00)

Informal Discussion (~53:30)

Further Reading: Ziraat website > **ABOUT** menu (first 4 items)

- [What is Ziraat?](#)
- [Introduction to Ziraat](#)
- [Terminology](#)
- [Ziraat Structure](#)

Emails for Wali and Aziza - if anyone has questions or comments:

walivia@wintergreenfarm.com and azizabarker@gmail.com

List of regular Lodges: <https://inayatiyyaziraat.org/ziraat-lodges/>